

MONDAY-THURSDAY SCHEDULE

8:00 AM | Breakfast, get ready. Yes, get out of your jammies.

8:30 AM | Core Teaching Time #1: Use this time to watch your class video on your distance learning page, and get started on your first task.

9:00 AM | Office Hours: Login to your teachers office hours to say hi, see friends, ask any questions you have or participate in a learning activity with your teacher.

10:00 AM | Break - Play Outside: Ride your bike, draw with chalk, jump rope, anything to get your body moving.

10:30 AM | Snack Time: Eat a healthy snack to fuel your body!

10:45 AM | Core Teaching Time #2: Continue working on tasks from your core teacher.

11:15 AM | Core Teaching Time #3: Continue working on tasks from your core teacher.

11:45 AM | Lunch: Enjoy lunch with siblings, or listen to an educational podcast or an audiobook!

12:15 PM | Break - Play Outside: Ride your bike, draw with chalk, jump rope, anything to get your body moving.

12:45 PM | Core Teaching Time #4: Continue working on tasks from your core teacher.

1:15 PM | Specials Teaching Time #1: You will have two specials every day, visit the distance learning page to get started on your first special assignment of the day.

1:45 PM | Break - Play Outside: Ride your bike, draw with chalk, jump rope, anything to get your body moving.

2:15 PM | Specials Teaching Time #2: Visit the distance learning page to get started on your second special assignment of the day.

2:45 PM | (optional) Going Deeper Activity: Included on the distance learning page from your core teacher.

3:15 PM | Submit Classwork: Submit all classwork to teachers via email.

SEVEN PEAKS SCHOOL

Sample PYP Distance Learning Schedule For Preschool - 1st Grade*

FRIDAY SCHEDULE

8:00 AM | Breakfast, get ready. Yes, get out of your jammies.

8:30 AM | Specials/Make-Up Time #1: Use this time to catch up on any activities you missed throughout the week. Revisit the distance learning page for instructions.

9:30 AM | Counseling Curriculum: Mrs. Flynn will be providing weekly activities and curriculum to exercise our social/emotional muscles even while we are at home.

10:00 AM | Break - Play Outside: Ride your bike, draw with chalk, jump rope, anything to get your body moving.

10:30 AM | Snack Time: Eat a healthy snack to fuel your body!

10:45 AM | IB Experience Project Time: Each week, Ms. Blunda will be providing us with a new IB Experience Project. Take this time to watch her instructional video and work on the project. These are great projects to do with parents or siblings

11:45 AM | Lunch: Enjoy lunch with siblings, or listen to an educational podcast or an audiobook!

12:15 PM | Specials/Make-Up Time #2: Use this time to catch up on any activities you missed throughout the week. Revisit the distance learning page for instructions.

1:00 PM | Family Challenge Time: Each week we will be assigning a fun family challenge! Use this time to accomplish this week's challenge as a family.

2:00 PM | Submit Classwork: Submit all classwork to teachers via email.

*This is a sample schedule, please adjust accordingly depending on your teachers office hours.