



APPROACHES TO LEARNING: COMMUNICATION SKILLS

SEVEN PEAKS SCHOOL



WHAT ARE COMMUNICATION SKILLS?

Communication skills include:
Listening, Speaking, Reading, Writing, Viewing, Presenting, and
Non-verbal Communication

WHY ARE THEY IMPORTANT?

Whether you are at home, school, work, or with friends, clear communication is the best way for everyone to be heard and acknowledged. These skills will help you gain new information and express your thoughts and ideas to others.





HOW CAN I IMPROVE MY COMMUNICATION SKILLS?

In these next few pages, we will give you activities you can do at home to improve your communication skills.

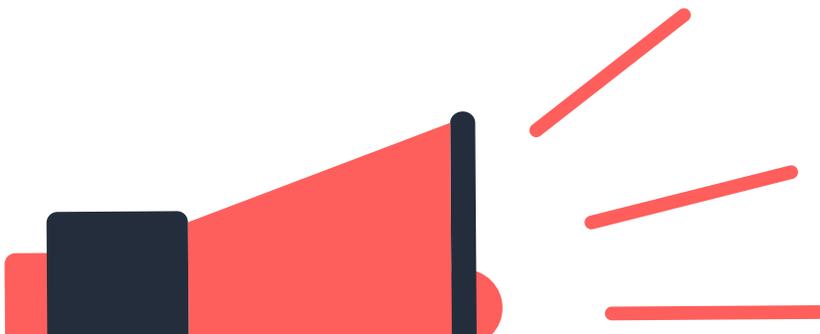
Charades: On small slips of paper, write down something for someone to act out. Ideas could include TV and movie characters, book titles, animals, feelings, food, and more. Each person chooses one of the papers and acts it out (no words or speaking allowed). Everyone else tries to guess what it is.

Listening Adventure: Blindfold one person, and have the other person give them specific directions of how to move from one part of the house to another. Be careful and think through how you can give detailed directions so the other person can move safely. For bonus fun, create a small obstacle course to navigate through.



Drawing Fun: Have two people in your family sit back-to-back. One person should choose an object from around the house while the second person needs drawing materials. Don't let the second person see the object! The first person must give directions of how to draw the object (without saying what it really is!) The second student must draw the object as best they can, based on the communication of the person with the object.

Show and Tell: Find something you want to share with your family, such as a piece of art you made. As you are presenting it to your family, think about what you want to say first. Make sure you speak clearly and loud enough for everyone to hear. Listen closely to the questions your family asks and respond accordingly.





Letters: Practice your writing skills by either hand-writing or typing up notes for family members and friends. Try to think about what you want to communicate to them, and don't forget to ask them questions, too! Don't forget all the parts of a letter:

